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ROYAL
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Setting Goals by Carole Royal

Set goals – the importance can't be underestimated.

Develop goals in various areas of your life – be a well-rounded success story.

Write out your goals. Write your goals in the positive rather than negative.

Write your goals in complete detail as if you've already achieved them.

Prioritize your goals with timeline. Create poster, post-its, notecards.

Surround yourself with positive, successful people. Read and listen to success stories.

Make a list of action steps. Be public with your goals with supportive people.

Be patient. Be ready to adjust. Tackle your problem areas. Are you sabotaging yourself?

Reward yourself for achieving. Commit – there's no going back. Take appropriate risks.

Be ready to be courageous, outrageous, and absolutely successful in all areas of your life!



GOAL SETTING

- 1. What are the five things you value most in life?
stand up for, fight for, pay for?**
- 2. In 30 seconds, write 3 most important goals in your life right now.**
- 3. What would you do if you won one million dollars in the lottery tomorrow?**
- 4. What would you do if you had only six months to live? (perfect health and then drop dead)**
- 5. What have you always wanted to do but have held back?**
- 6. What type of activities give you the greatest feeling of importance and self-esteem?**
- 7. What one great thing would you dare to dream if you knew you could not fail?**

One goal I really want is. . .

If I had a great deal of money, I would. . .

I would like to be the kind of person who. . .

A place I would like to visit is. . .

My life would be better if. . .

If I had the time, I would. . .

If I could start over, I would. . .

GOALSETTING

1. What are your greatest personal and professional abilities and liabilities?

2. What are your most important personal and professional goals for the balance of the year?

3. What is a major personal and professional goal you have for next year?

4. What will your professional level and annual income be in five years?

**5. Twenty years from now:
Where will you be living?**

What will you be doing?

What will you have accomplished, that could be written or said about you by family or peers?

What state of health will you enjoy?]

What will be your assets in dollars?